

MISSION STATEMENT

Research now shows that most chronic illnesses can be helped, prevented, slowed down or even stopped with the right nutritional methods. We want more people to know and understand this. We seek to achieve our mission by:

- Helping to publicise the need for reform in the treatment of chronic illness. Nutritional health care could safely and *more effectively* replace much expensive and merely palliative pharmaceutical health care.
- Liaising with the media, politicians, government, universities and other organisations and institutions, providing information and briefing papers on important topics.
- The creation of branches which can work at local level within the community. We have 2,000 members and 20 branches in the UK.
- Our Internet Website for raising awareness at an international level.

In order for our work to be taken seriously, we remain completely independent from commercial interests, being funded only by membership subscriptions, volunteer work and private donations.

BACKGROUND

The Society for the Promotion of Nutritional Therapy (SPNT) was founded in 1991 to unify the nutritional therapy movement and to support its practitioners. The society has played an important role in raising awareness and understanding, and in providing a sound environment for therapists of all types as well as members of the public who wish to keep up with the latest developments in nutritional therapy. It welcomes as members all those who support its aims. Of its 2,000 members, 800 are doctors, nurses, clinical scientists, acupuncturists, homoeopaths, osteopaths and many other natural therapists as well as nutritional therapists. The society publishes a newsletter, and a set of factsheets. It holds regular seminars. Members also regularly receive information on available books and other useful publications.

SPNT and two of its scientific and medical advisers have assisted the University of Westminster, London, with the course content and syllabus of the first-ever university course in Nutritional Therapy, part of a three-year BSc degree in Complementary Therapies which started in Autumn 1996. The course is in response to the growing demand for high quality theoretical and practical skills provision in complementary therapies, which are becoming increasingly recognised by orthodox health care.

- *For a list of registered nutritional therapists and other qualified natural medicine practitioners in your area, send £1 plus sae to SPNT, PO Box 626, Woking, GU22 0XD.*
- *Membership application leaflets can be obtained from SPNT by calling 01483 740903.*
- *For further information on the University of Westminster degree course in complementary therapies, phone 0171 911 5000.*